

# TCMzone® Top 20 Chinese Herbal Formulas

Product Name	May Help	Main Herbs	Item
<b>CardioShen® Dripping Pill</b>	<b>Promote heart health and circulation*</b>	Salvia Root (Dan shen), Notoginseng Root (San qi)	<b>CS07</b>
<b>Sho-saiko-to 小柴胡汤</b> (Minor Bupleurum Formula or Xiao Chai Hu Tang)	<b>Support liver function.</b> Regulate Shao-Yang stage*	Bupleurum Root (Chai hu), Pinellia Tuber (Ban xia), Scutellaria Root (Huang qin)	<b>H09 T09</b>
<b>Jia Wei Xiao Yao San 加味逍遥散</b> (Augmented Rambling Formula)	<b>Soothe the Liver Qi and calm the spirit*</b>	Angelica sinensis (Dang gui), Peony Root (Shao yao)	<b>H24 T24</b>
<b>Chai Hu Jia Long Gu Mu Li Tang</b> 柴胡加龙骨牡蛎汤 (Rehmannia Eight Formula)	<b>Sedate and calm the spirit.</b> Unblock the three Yang stages*	Bupleurum Root (Chai hu), Pinellia Tuber (Ban xia), Oyster Shell (Mu li)	<b>H12 T12</b>
<b>Bu Zhong Yi Qi Tang 补中益气汤</b> (Tonify the Middle and Augment the Qi)	<b>Support immune and Yang-qi</b> of the middle burner*	Ginseng (Ren shen), Astragalus Root (Huang qi)	<b>H41 T41</b>
<b>Shi Quan Da Bu Tang 十全大补汤</b> (All-Inclusive Great Tonifying Formula)	<b>Support well-being.</b> Warm and tonify Qi and Blood*	Ginseng (Ren shen), Angelica sinensis (Dang gui)	<b>H48 T48</b>
<b>Liu Wei Di Huang Softgel 六味地黄软胶囊</b> (Rehmannia Formula)	<b>Nourish Kidney Yin*</b>	Rehmannia Root (Shu di huang), Rhizoma Alismatis (Ze xie)	<b>K001</b>
<b>Ba Wei Di Huang Wan 八味地黄汤</b> (Rehmannia Eight Formula)	<b>Support prostate function.</b> Strengthen Kidney Yang*	Rehmannia Root (Shu di huang), Cornus Fruit (Shan zhu yu)	<b>H07 T07</b>
<b>Huang Lian Jie Du Tang 黄连解毒汤</b> (Coptis Detoxifying Formula)	<b>Detoxify the organs.</b> Drain heat or fire from entire body*	Coptis Rhizome (Huang lian), Scutellaria Root (Huang qin)	<b>H15 T15</b>
<b>Yin Qiao San 银翘软胶囊 (散)</b> (Honeysuckle and Forsythia Formula)	<b>Support immune function.</b> Disperse exterior wind-heat symptoms	Honeysuckle Flower (Jin yin hua), Forsythia fruit (Lian qiao)	<b>K002 T173</b>
<b>Bi Yan Pian 鼻炎片</b> (Nasal Clearing Formula)	<b>Clear wind-heat nasal blockage*</b>	Xanthium sibiricum (Cang er zi), Flos Magnoliae (Xin yi)	<b>T153</b>
<b>Yu Ping Feng San 玉屏风散</b> (Jade Windscreen Formula)	<b>Enhance immune function.</b> Augment the Qi*	Astragalus Root (Huang qi), Ledebouriella Root (Fang feng)	<b>T175</b>
<b>Zhi Sou San 止嗽散</b> (Respiratory Ease Formula)	<b>Transform phlegm and support lung*</b>	Platycodon Root (Jie geng), Schizonepeta Herb (Jing jie)	<b>T177</b>
<b>Wen Jing Tang 温经汤</b> (Warm the Menses Formula)	<b>Warm the uterus and meridians.</b> Nourish and move blood*	Evodia Fruit (Wu zhu yu), Radix Ligustici (Chuan xiong)	<b>T106</b>
<b>Geng Nian An 更年期安</b> (Menopause Comfort Formula)	<b>Relieve menopausal symptoms.</b> Nourish Yin to clear away heat*	Radix Polygonum multiflorum (He shou wu), Curculiginis Rhizoma (Xian mao)	<b>T158</b>
<b>Gui Zhi Fu Ling Wan 桂枝茯苓丸</b> (Cinnamon and Hoelen Formula)	<b>Support uterus function and women's well-being.</b> Relieve blood stasis in lower burner*	Cinnamon Bark (Gui zhi), Hoelen (Fu ling)	<b>H25 T25</b>
<b>Kang Ning San 康宁散</b> (Curing Pills Formula)	<b>Support digestion.</b> Soothe the Stomach Qi*	Coix Seed (Yi yi ren), Herba Pogostemonis (Huo xiang)	<b>T161</b>
<b>Shen Ling Bai Zhu San 参苓白术散</b> (Ginseng, Poria and Atractylodes Formula)	<b>Support intestinal health.</b> Strengthen the Spleen Qi and remove dampness*	Dioscorea Rhizome (Shan yao), Atractylodes Rhizome (Bai zhu)	<b>T164</b>
<b>Bao He Wan 保和丸</b> (Preserve Harmony Formula)	<b>Harmonize the Stomach*</b>	Hawthorn Fruit (Shan zha), Pinellia Tuber (Ban xia)	<b>T152</b>
<b>Juan Bi Tang 蠲痹汤</b> (Clear Channels Formula)	<b>Support joint health.</b> Remove wind-dampness*	Curcuma Root (Pian jiang huang), Notopterygium Root (Qiang hu)	<b>T160</b>

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.