

# Mary Maurer, M.Ac., Dipl. Ac. (NCCAOM), L.Ac.

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## **Objective**

To work for an organization where all my professional skills and talents i.e., motivation, creativity and ambition are recognized and developed to their maximum potential.

#### Qualifications

## Extensive knowledge of the human physiology:

- \* Emotional, spiritual & energetic aspects of the human form in passive and active states of awareness. Specializing in the Asian healing modalities for the past 18 years:
- \* Shiatsu, Anma, Thai & Tui Na massage modalities,
- \* One-on-One Integrated Yoga therapeutics and ZenYOGA Acu-stretch beginners/intermediate classes.

## Sole proprietor/owner of the Asian Healing Arts Academy & Acupuncture:

- \* Specializing in Acupuncture, Shiatsu/Anma massage, Asian medicinals, education and training support. Author and illustrator of four training manuals:
- \* ZenYOGA Acu-Stretch<sup>TM</sup>, Shiatsu I, Shiatsu Anma Massage II, Shiatsu III, The Energetics of it All. **Developed and trademarked three energetic healing modalities:**
- \* Acu-ShiMa<sup>TM</sup>, ZenYOGA Acu-Stretch<sup>TM</sup>, and Aqua-YOGA Acu-Stretch<sup>TM</sup>.

## **Relevant Work Experience**

I have worked as an acupuncturist, massage therapist, yoga and shiatsu instructor in the medical community, spa industries and the alternative healing educational fields.

## 10th Area Support Group, Okinawa Japan (1989-1992)

Marketing Specialist for Moral & Welfare & Recreation Dept., U.S. Army

## 58th Signal Battalion, Okinawa, Japan (1992-1994)

Visual Information Specialist Director, U.S. Army

#### Asian Healing Arts Academy & Acupuncture (1996-2011)

Acupuncture (2008) Shiatsu/Anma therapist, Integrated Yoga therapist, Herbalist

## 24-Hour Fitness (1999-2002)

Massage therapist, ZenYOGA Acu-Stretch<sup>TM</sup> Instructor

## **Southwest Institute of Healing Arts (1996-1999)**

ZenYOGA Acu-Stretch  $^{TM}$ , Shiatsu/Anma Massage Instructor, and Supervisor of the student SWIHA Asian clinic.

### Phoenix & PV Community Colleges (1999-2004)

Shiatsu/Anma & ZenYOGA Acu-Stretch <sup>TM</sup> Instructor (beginners/intermediate)

#### Scottsdale Fairmont Princess (2000-4/2009)

Willow Stream Spa, Massage Therapist (2000-2009) and Yoga Instructor (2000-02)

## Rancho Manana Resort (2008)

Acu-ShiMa<sup>TM</sup>, Acupuncture, ZenYOGA Acu-Stretch<sup>TM</sup>, and Aqua-YOGA Acu-Stretch<sup>TM</sup>, Shiatsu/Anma & Western Massage

San Fransisco Giants (2008-2010) ZenYOGA Acu-Stretch<sup>TM</sup>

## SilverLeaf Spa: DNB Community (2009-present)

Acu-ShiMa<sup>TM</sup>, Acupuncture, Shiatsu/Anma & Western Massage

## **Education** 2009, 2010, 2011 PDA courses to be updated 2008 Cosmetic Acupuncture Rejuvenation for Face & Neck CEU certification 2007 Phoenix Institute of Herbal Medicine and Acupuncture Masters of Science in Acupuncture 2006 **NADA Training at PIHMA** PDA certification with the National Acu-Detox Association 2005 Cheng Du Hospital, Cheng Du, China Acupuncture & Herbal Medicine Externship 1999 Japanese Anma Massage and Shiatsu, Tempe, AZ 500 hr. certification, Tempe, AZ 1998 Southwest Institute of Healing Arts, Tempe AZ Massage Therapist training 800 + hrs 1996 Clayton College of Natural Health, Alabama Masters of Science in Natural Health 1996 **Integrated Yoga Teachers Training** Integrated Yoga Therapist 500 hr. certification 1995 **Chinese Sports Trainer** 200 hr. certification 1993 Hatha Yoga Teachers Training 200 hr. certification, Okinawa, Japan 1992 Shiatsu & Anma Asian Massage Training 300 hr. certification, Okinawa, Japan

## Licensure

Arizona Acupuncture # 0649 Arizona Massage Therapy # MT-01866P

#### **Awards**

Department of the Army, Commanders Award for Civilian Service 10/89-9/92

Marketing Director for the 10<sup>th</sup> Area Support Group, Torii Station, Okinawa, JA

Department of the Army, 10<sup>th</sup> Area Support Group, Certificate of Achievement 3/92

Marketing Director for the 10<sup>th</sup> Area Support Group, Torii Station, Okinawa, JA

# **Professional Membership**

NCCAOM (Diplomate in Acupuncture) # 10594

AOM Alliance (Acupuncture & Oriental Medicine Alliance) # 23653

AAC (American Acupuncture Council) # 431208

AOBTA (Certified Integrative Shiatsu Practitioner) # 2144 since 1996

AzSOMA (Arizona Society of Oriental Medicine & Acupuncture) Board member as of 2011

#### Reference

## **Upon Requests**