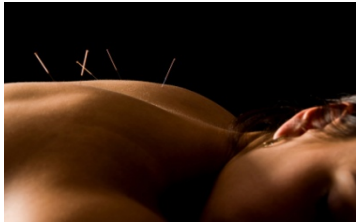


Initial Visit

Your initial visit involves a thorough questionnaire, diagnosis and treatment using various modalities of Acupuncture and Oriental Medicine. **\$149.00 (Sessions are approximately two hours)**



Acupuncture

Acupuncture is the insertion of very fine needles which are placed in specific acupuncture points to assist in the rebalancing of disharmonies of the body, mind, & spirit. **1 treatment per month \$65.00 | 2 X's per month 60.00 each | 3 X's per month \$55.00 each | 4 X's per month \$50.00 each | 5 or more X's per month \$45.00 each**

Auricular Acupuncture

Ear acupuncture is extremely effective in addressing addiction, stress, weight loss and pain. Ear acupuncture is done with patients sitting in chairs fully clothed. **\$25.00 for 45 minutes for groups of 3 or more**

Acupuncture Facial Rejuvenation

Reverse the aging process naturally. No cosmetic surgery, botox, or anti-aging skin creams are needed to achieve beautiful skin! Cosmetic facial rejuvenation generally takes 10-30 treatments and is much healthier, safer and far less expensive than conventional medical face lifts. **10-20 sessions of OM**

Seasonal Acupuncture Treatment

Wise patients utilize acupuncture for preventative measures, especially at the change of seasons. Sign up for 4 and receive 1 additional acupuncture treatment to be used anytime during the coming year for whatever may come your way. **\$199.00 for 5 treatments**



Infertility treatments

Fertility enhancement protocols are non-invasive & non-humiliating allowing for a pleasant & natural conception to occur without the stress of hormonal related drugs. Oriental Medical protocols are between 3-6 months prior to natural conception occurring. This results in increased chances of becoming pregnant, whether couples choose a completely natural approach or use these treatments as an adjunctive therapy to applied reproductive technology. **12-24 sessions**

Acu-ShiMa™ Any *non-needling* therapy listed below added to an acupuncture treatment (e.g. 60 minutes acupuncture treatment + 60 minute massage). **\$65.00 for 60 minutes | \$95.00 for 90 minutes | \$125.00 for 120 minutes**

Non-needling Therapies



La Stone Therapy

La Stone therapy, also known as hot and cold stone therapy, is a type of massage that uses smooth, heated and cooled stones to relieve stiffness and soreness, and to restore energy to aching muscles and joints. **\$75.00 for 60 minutes | \$95.00 for 90 minutes**

Anma / Shiatsu/ Tui Na

Massage techniques that are used to stimulate or activate the flow of energy (Qi) throughout the meridians and organ systems. **\$25.00 for 30 minutes | \$55.00 for 60 minutes**

Asian Maternity Massage

Bodywork has been shown to increase circulation, decrease prematurity, relieve aches due to pregnancy, promote a sense of well-being, and reduce labor complications. **\$25.00 for 30 minutes | \$55.00 for 60 minutes**

Gwa Sha

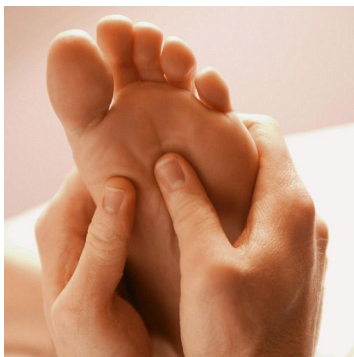
Rubbing the skin with an organic tool to increase the blood, circulation and flow of energy. **\$25.00 for 30 minutes | \$55.00 for 60 minutes**

Chinese Medical Cupping

Glass cups are used to create suction on the skin to increase warmth and circulation in the body releasing constrictions within the muscle and tissues. **\$25.00 for 30 minutes | \$55.00 for 60 minutes**

Reiki

An ancient Tibetan healing procedure that uses the placement of light hands to transmit healing energies throughout the body. **\$25.00 for 30 minutes| \$55.00 for 60 minutes**



Reflexology

A therapeutic approach in which pressure is applied to specific reflex points on the feet, hands, and ears to restore the flow of energy throughout the body. **\$25.00 for 30 minutes| \$55.00 for 60 minutes**

Chinese Herbal Therapy

Individualized formulas are created for each patient's health pattern. The formula may consist of between 2-9 herbs and may be in the form of a tea or encapsulated. **\$129.00 for new patients| \$75.00 for current patients**

Oriental (5 Elements) Nutrition

Specific foods are recommended to help strengthen and balance the body. **\$129.00 for new patients| \$75.00 for current patients**

Ionic Detox Foot Bath

This treatment helps to rid the body of toxins via the pores in the feet. Rid your body of toxins, heavy metals, and chemicals easily & comfortably. **\$25.00 for 30 minutes| \$55.00 for 60 minutes**

Gift certificates are available for Acupuncture or Massage Therapies in 30, 60 or 90 minute intervals.

Testimonials

*"I have suffered with **Psoriasis** for many years. Western medical treatments have left me in pain emotionally and physically, offering medicines that have only had undesirable side effects. I have had phenomenal success with Mary's Chinese Medicine. Thank you!"
Bev ~ Scottsdale, AZ*

*"I was diagnosed as being **Bi-Polar** and have been on meds for years. I'm in **menopause** and was on hormone replacement therapy, thanks to Mary & OM I have stopped taking the HRT drugs as well as my bi-polar medicines. I have never felt more balanced, God bless you, Mary!
Debra ~ Cave Creek, AZ*

*"After being told by 4 specialists that there was no cause, no cure for a condition called pigmented **purpura dermatosis**, a condition which causes capillaries to burst leaving unsightly skin lesions. I started acupuncture with Mary, after 4 treatments the marks began to fade. Now after 6 months they are gone. I encourage everyone to see Mary!
Janet ~ Scottsdale, AZ*



Mary has an MS in Acupuncture and Natural Health. She is Nationally Board Certified in both Acupuncture and Massage. Mary has been a Holistic Practitioner for over 18 yrs in the ancient medicinal practices of both the Far East & Asia.



ASIAN HEALING ARTS

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**acupuncture
herbal therapies
oriental bodywork**

ACUPUNCTURE and Oriental Medicine Treatment Menu

Mary Maurer L.Ac, Dipl., MS.Ac., LMT

Oriental Medical Practitioner

480.201.6744

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